

PREFACE

The Centre for Physical Anthropology at the University of Tartu celebrates its 25th anniversary this year.

We greet all the researchers who have cooperated with us during these years.

We express great sorrow on the death of our honourable colleague Mart Viikmaa.

The greatest achievement of the Centre could be the determination of the anthropometric structure of body build which led to the creation of the height-weight classification of anthropometric variables and the age-related somatotypic height-weight classification for adults and schoolchildren.

We have now classifications at our disposal which enable family physicians, specialists, health promoters and nutritionists to associate body build data with health indicators, treatment results, peculiarities of patients' nutrition and find the best solutions for patients.

We are looking forward to continuing cooperation.

A handwritten signature in black ink, reading "Helje Kaarma". The script is cursive and fluid, with the first letters of the first and last names being capitalized and prominent.

Prof. Helje Kaarma