# On some Hölder type trace inequalities for operator weighted geometric mean 

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Abstract. We obtain some Hölder type trace inequalities for operator weighted geometric mean. Some vector inequalities are also given.

## 1. Introduction

If $\left\{e_{i}\right\}_{i \in I}$ is an orthonormal basis of a Hilbert space $H$, then we say that $A \in \mathcal{B}(H)$ is a trace class provided

$$
\|A\|_{1}:=\sum_{i \in I}\langle | A\left|e_{i}, e_{i}\right\rangle<\infty .
$$

The definition of $\|A\|_{1}$ does not depend on the choice of the orthonormal basis $\left\{e_{i}\right\}_{i \in I}$. We denote by $\mathcal{B}_{1}(H)$ the set of trace class operators in $\mathcal{B}(H)$.

The following properties are also well known:
(i) for any $A \in \mathcal{B}_{1}(H)$ we have

$$
\|A\|_{1}=\left\|A^{*}\right\|_{1} ;
$$

(ii) $\mathcal{B}_{1}(H)$ is an operator ideal in $\mathcal{B}(H)$, i.e.,

$$
\mathcal{B}(H) \mathcal{B}_{1}(H) \mathcal{B}(H) \subseteq \mathcal{B}_{1}(H) ;
$$

(iii) $\left(\mathcal{B}_{1}(H),\|\cdot\|_{1}\right)$ is a Banach space.

We define the trace of a trace class operator $A \in \mathcal{B}_{1}(H)$ to be

$$
\begin{equation*}
\operatorname{tr}(A):=\sum_{i \in I}\left\langle A e_{i}, e_{i}\right\rangle . \tag{1.1}
\end{equation*}
$$

Note that this coincides with the usual definition of the trace if $H$ is finitedimensional. We observe that the series (1.1) converges absolutely and it is independent from the choice of basis.

[^0]We collect some properties of the trace:
(i) if $A \in \mathcal{B}_{1}(H)$, then $A^{*} \in \mathcal{B}_{1}(H)$ and

$$
\operatorname{tr}\left(A^{*}\right)=\overline{\operatorname{tr}(A)}
$$

(ii) if $A \in \mathcal{B}_{1}(H)$ and $T \in \mathcal{B}(H)$, then $A T, T A \in \mathcal{B}_{1}(H)$,

$$
\operatorname{tr}(A T)=\operatorname{tr}(T A), \text { and }|\operatorname{tr}(A T)| \leq\|A\|_{1}\|T\|
$$

(iii) $\operatorname{tr}(\cdot)$ is a bounded linear functional on $\mathcal{B}_{1}(H)$ with $\|\operatorname{tr}\|=1$;
(iv) $\mathcal{B}_{\text {fin }}(H)$, the space of operators of finite rank, is a dense subspace of $\mathcal{B}_{1}(H)$.
Now, for the finite dimensional case, it is well known that the trace functional is submultiplicative, that is, for positive semidefinite matrices $A$ and $B$ in $M_{n}(\mathbb{C})$,

$$
0 \leq \operatorname{tr}(A B) \leq \operatorname{tr}(A) \operatorname{tr}(B)
$$

Therefore,

$$
0 \leq \operatorname{tr}\left(A^{k}\right) \leq[\operatorname{tr}(A)]^{k}
$$

where $k$ is any positive integer.
In 2000, Yang [22] proved a matrix trace inequality

$$
\begin{equation*}
\operatorname{tr}\left[(A B)^{k}\right] \leq(\operatorname{tr} A)^{k}(\operatorname{tr} B)^{k} \tag{1.2}
\end{equation*}
$$

where $A$ and $B$ are positive semidefinite matrices over $\mathbb{C}$ of the same order $n$, and $k$ is any positive integer.

If $(H,\langle\cdot, \cdot\rangle)$ is a separable infinite-dimensional Hilbert space, then the inequality (1.2) is also valid for any positive operators $A, B \in \mathcal{B}_{1}(H)$. This result was obtained by L. Liu in 2007, see [12].

In 2001, Yang et al. [23] improved (1.2) as follows:

$$
\operatorname{tr}\left[(A B)^{m}\right] \leq\left[\operatorname{tr}\left(A^{2 m}\right) \operatorname{tr}\left(B^{2 m}\right)\right]^{1 / 2}
$$

where $A$ and $B$ are positive semidefinite matrices over $\mathbb{C}$ of the same order and $m$ is any positive integer.

In [18] the authors have proved many trace inequalities for sums and products of matrices. For instance, if $A$ and $B$ are positive semidefinite matrices in $M_{n}(\mathbb{C})$, then

$$
\operatorname{tr}\left[(A B)^{k}\right] \leq \min \left\{\|A\|^{k} \operatorname{tr}\left(B^{k}\right),\|B\|^{k} \operatorname{tr}\left(A^{k}\right)\right\}
$$

for any positive integer $k$. Also, if $A, B \in M_{n}(\mathbb{C})$, then for $r \geq 1$ and $p, q>1$ with $1 / p+1 / q=1$ we have the following Young type inequality:

$$
\begin{equation*}
\operatorname{tr}\left(\left|A B^{*}\right|^{r}\right) \leq \operatorname{tr}\left[\left(\frac{|A|^{p}}{p}+\frac{|B|^{q}}{q}\right)^{r}\right] \tag{1.3}
\end{equation*}
$$

Ando [1] proved a strong form of Young's inequality. It was shown that if $A$ and $B$ are in $M_{n}(\mathbb{C})$, then there is a unitary matrix $U$ such that

$$
\left|A B^{*}\right| \leq U\left(\frac{1}{p}|A|^{p}+\frac{1}{q}|B|^{q}\right) U^{*}
$$

where $p, q>1$ with $1 / p+1 / q=1$. This gives immediately the trace inequality

$$
\operatorname{tr}\left(\left|A B^{*}\right|\right) \leq \frac{1}{p} \operatorname{tr}\left(|A|^{p}\right)+\frac{1}{q} \operatorname{tr}\left(|B|^{q}\right)
$$

This inequality can also be obtained from (1.3) by taking $r=1$.
The following Hölder's type inequality has been proved by Ruskai [16]:

$$
|\operatorname{tr}(A B)| \leq \operatorname{tr}(|A B|) \leq\left[\operatorname{tr}\left(|A|^{p}\right)\right]^{1 / p}\left[\operatorname{tr}\left(|B|^{q}\right)\right]^{1 / q}
$$

where $p, q>1$ with $1 / p+1 / q=1$, and $A, B \in \mathcal{B}(H)$ with $|A|^{p},|B|^{q} \in$ $\mathcal{B}_{1}(H)$ 。

In particular, for $p=2$ we get the Schwarz inequality

$$
|\operatorname{tr}(A B)| \leq \operatorname{tr}(|A B|) \leq\left[\operatorname{tr}\left(|A|^{2}\right)\right]^{1 / 2}\left[\operatorname{tr}\left(|B|^{2}\right)\right]^{1 / 2}
$$

with $|A|^{2},|B|^{2} \in \mathcal{B}_{1}(H)$.
For the theory of trace functionals and their applications the reader is referred to [20].

For some classical trace inequalities see [4], [6], [14] and [24], which are continuations of the work of Bellman [2]. For related works the reader can refer to [1], [3], [4], [9], [11], [12], [13], [17] and [21].

## 2. Some Hölder type trace inequalities

Assume that $A, B$ are positive invertible operators on a complex Hilbert space $(H,\langle\cdot, \cdot\rangle)$. We use the notation

$$
A \not{ }_{\nu} B:=A^{1 / 2}\left(A^{-1 / 2} B A^{-1 / 2}\right)^{\nu} A^{1 / 2}
$$

for the weighted geometric mean. When $\nu=1 / 2$, we write $A \sharp B$ for brevity.
We have the following Hölder type trace inequality.
Theorem 1. If $A, B$ are positive invertible operators, $p, q>1$ with $1 / p+$ $1 / q=1$, and $A^{p}, B^{q} \in \mathcal{B}_{1}(H)$, then $B^{q} \sharp_{1 / p} A^{p} \in \mathcal{B}_{1}(H)$ and

$$
\begin{equation*}
\operatorname{tr}\left(B_{H_{1 / p}} A^{p}\right) \leq\left[\operatorname{tr}\left(A^{p}\right)\right]^{1 / p}\left[\operatorname{tr}\left(B^{q}\right)\right]^{1 / q} . \tag{2.1}
\end{equation*}
$$

In particular, if $A^{2}, B^{2} \in \mathcal{B}_{1}(H)$, then $B^{2} \sharp A^{2} \in \mathcal{B}_{1}(H)$ and

$$
\left[\operatorname{tr}\left(B^{2} \sharp A^{2}\right)\right]^{2} \leq \operatorname{tr}\left(A^{2}\right) \operatorname{tr}\left(B^{2}\right)
$$

Proof. In [8], the authors obtained the following Hölder's type inequality for the weighted geometric mean:

$$
\begin{equation*}
\left\langle B^{q} \sharp_{1 / p} A^{p} x, x\right\rangle \leq\left\langle A^{p} x, x\right\rangle^{1 / p}\left\langle B^{q} x, x\right\rangle^{1 / q} \tag{2.2}
\end{equation*}
$$

for any $x \in H$.
Let $\left\{e_{i}\right\}_{i \in I}$ be an orthonormal basis of $H$. Then by (2.2) and Hölder's inequality we have

$$
\begin{aligned}
\operatorname{tr}\left(B^{q_{\sharp}}{ }_{1 / p} A^{p}\right) & =\sum_{i \in I}\left\langle B^{q} \sharp_{1 / p} A^{p} e_{i}, e_{i}\right\rangle \\
& \leq \sum_{i \in I}\left\langle A^{p} e_{i}, e_{i}\right\rangle^{1 / p}\left\langle B^{q} e_{i}, e_{i}\right\rangle^{1 / q} \\
& \leq\left(\sum_{i \in I}\left[\left\langle A^{p} e_{i}, e_{i}\right\rangle^{1 / p}\right]^{p}\right)^{1 / p}\left(\sum_{i \in I}\left[\left\langle B^{q} e_{i}, e_{i}\right\rangle^{1 / q}\right]^{q}\right)^{1 / q} \\
& =\left(\sum_{i \in I}\left\langle A^{p} e_{i}, e_{i}\right\rangle\right)^{1 / p}\left(\sum_{i \in I}\left\langle B^{q} e_{i}, e_{i}\right\rangle\right)^{1 / q} \\
& =\left[\operatorname{tr}\left(A^{p}\right)\right]^{1 / p}\left[\operatorname{tr}\left(B^{q}\right)\right]^{1 / q}
\end{aligned}
$$

which proves the desired inequality (2.1).
Corollary 1. If $A_{k}, B_{k}$ are positive invertible operators, $p, q>1$ with $1 / p+1 / q=1$, and $A_{k}^{p}, B_{k}^{q} \in \mathcal{B}_{1}(H)$ for $k \in\{1, \ldots, n\}$, then $B_{k}^{q} \sharp_{1 / p} A_{k}^{p} \in$ $\mathcal{B}_{1}(H)$ for $k \in\{1, \ldots, n\}$, and for any $p_{k} \geq 0, k \in\{1, \ldots, n\}$, we have

$$
\begin{equation*}
\operatorname{tr}\left(\sum_{k=1}^{n} p_{k} B_{k}^{q_{\sharp} \sharp_{1} p} A_{k}^{p}\right) \leq\left(\operatorname{tr}\left(\sum_{k=1}^{n} p_{k} A_{k}^{p}\right)\right)^{1 / p}\left(\operatorname{tr}\left(\sum_{k=1}^{n} p_{k} B_{k}^{q}\right)\right)^{1 / q} . \tag{2.3}
\end{equation*}
$$

In particular, if $A_{k}^{2}, B_{k}^{2} \in \mathcal{B}_{1}(H)$ for $k \in\{1, \ldots, n\}$, then $B_{k}^{2} \sharp A_{k}^{2} \in \mathcal{B}_{1}(H)$ for $k \in\{1, \ldots, n\}$, and for any $p_{k} \geq 0, k \in\{1, \ldots, n\}$, we have

$$
\left[\operatorname{tr}\left(\sum_{k=1}^{n} p_{k} B_{k}^{2} \sharp A_{k}^{2}\right)\right]^{2} \leq \operatorname{tr}\left(\sum_{k=1}^{n} p_{k} A_{k}^{2}\right) \operatorname{tr}\left(\sum_{k=1}^{n} p_{k} B_{k}^{2}\right)
$$

Proof. Using Hölder's weighted discrete inequality, we have

$$
\begin{aligned}
\operatorname{tr}\left(\sum_{k=1}^{n} p_{k} B_{k}^{q} \sharp_{1 / p} A_{k}^{p}\right) & =\sum_{k=1}^{n} p_{k} \operatorname{tr}\left(B_{k}^{q^{H}}{ }_{1 / p} A_{k}^{p}\right) \leq \sum_{k=1}^{n} p_{k}\left[\operatorname{tr}\left(A_{k}^{p}\right)\right]^{1 / p}\left[\operatorname{tr}\left(B_{k}^{q}\right)\right]^{1 / q} \\
& \leq\left(\sum_{k=1}^{n} p_{k}\left(\left[\operatorname{tr}\left(A_{k}^{p}\right)\right]^{1 / p}\right)^{p}\right)^{1 / p}\left(\sum_{k=1}^{n} p_{k}\left(\left[\operatorname{tr}\left(B_{k}^{q}\right)\right]^{1 / q}\right)^{q}\right)^{1 / q}
\end{aligned}
$$

$$
\begin{aligned}
& =\left(\sum_{k=1}^{n} p_{k} \operatorname{tr}\left(A_{k}^{p}\right)\right)^{1 / p}\left(\sum_{k=1}^{n} p_{k} \operatorname{tr}\left(B_{k}^{q}\right)\right)^{1 / q} \\
& =\left(\operatorname{tr}\left(\sum_{k=1}^{n} p_{k} A_{k}^{p}\right)\right)^{1 / p}\left(\operatorname{tr}\left(\sum_{k=1}^{n} p_{k} B_{k}^{q}\right)\right)^{1 / q}
\end{aligned}
$$

and the inequality (2.3) is proved.
Theorem 2. If $A, B$ are positive invertible operators, $p, q>1$ with $1 / p+$ $1 / q=1$, and $C \in \mathcal{B}_{1}(H), C \geq 0$, then $C A^{p}, C B^{q}, C\left(B^{q} \sharp_{1 / p} A^{p}\right) \in \mathcal{B}_{1}(H)$ and

$$
\begin{equation*}
\operatorname{tr}\left(C\left(B^{q} \sharp_{1 / p} A^{p}\right)\right) \leq\left[\operatorname{tr}\left(C A^{p}\right)\right]^{1 / p}\left[\operatorname{tr}\left(C B^{q}\right)\right]^{1 / q} . \tag{2.4}
\end{equation*}
$$

In particular, if $C \in \mathcal{B}_{1}(H)$, then $C A^{2}, C B^{2}, C\left(B^{2} \sharp A^{2}\right) \in \mathcal{B}_{1}(H)$ and

$$
\left[\operatorname{tr}\left(C\left(B^{2} \sharp A^{2}\right)\right)\right]^{2} \leq \operatorname{tr}\left(C A^{2}\right) \operatorname{tr}\left(C B^{2}\right) .
$$

Proof. From the inequality (2.2) we have

$$
\left\langle B^{q} \sharp_{1 / p} A^{p} C^{1 / 2} x, C^{1 / 2} x\right\rangle \leq\left\langle A^{p} C^{1 / 2} x, C^{1 / 2} x\right\rangle^{1 / p}\left\langle B^{q} C^{1 / 2} x, C^{1 / 2} x\right\rangle^{1 / q}
$$

for any $x \in H$, which is equivalent to

$$
\begin{equation*}
\left\langle C^{1 / 2} B^{q} \sharp_{1 / p} A^{p} C^{1 / 2} x, x\right\rangle \leq\left\langle C^{1 / 2} A^{p} C^{1 / 2} x, x\right\rangle^{1 / p}\left\langle C^{1 / 2} B^{q} C^{1 / 2} x, x\right\rangle^{1 / q} \tag{2.5}
\end{equation*}
$$

for any $x \in H$.
Let $\left\{e_{i}\right\}_{i \in I}$ be an orthonormal basis of $H$. Then by (2.5) and Hölder's inequality we have

$$
\begin{aligned}
\operatorname{tr} & \left(C\left(B^{q} \sharp_{1 / p} A^{p}\right)\right) \\
& =\operatorname{tr}\left(C^{1 / 2}\left(B^{q} \sharp_{1 / p} A^{p}\right) C^{1 / 2}\right)=\sum_{i \in I}\left\langle C^{1 / 2}\left(B^{q} \not{ }_{1 / p} A^{p}\right) C^{1 / 2} e_{i}, e_{i}\right\rangle \\
& \leq \sum_{i \in I}\left\langle C^{1 / 2} A^{p} C^{1 / 2} e_{i}, e_{i}\right\rangle^{1 / p}\left\langle C^{1 / 2} B^{q} C^{1 / 2} e_{i}, e_{i}\right\rangle^{1 / q} \\
& \leq\left(\sum_{i \in I}\left[\left\langle C^{1 / 2} A^{p} C^{1 / 2} e_{i}, e_{i}\right\rangle^{1 / p}\right]^{p}\right)^{1 / p}\left(\sum_{i \in I}\left[\left\langle C^{1 / 2} B^{q} C^{1 / 2} e_{i}, e_{i}\right\rangle^{1 / q}\right]^{q}\right)^{1 / q} \\
& =\left(\sum_{i \in I}\left\langle C^{1 / 2} A^{p} C^{1 / 2} e_{i}, e_{i}\right\rangle\right)^{1 / p}\left(\sum_{i \in I}\left\langle C^{1 / 2} B^{q} C^{1 / 2} e_{i}, e_{i}\right\rangle\right)^{1 / q} \\
& =\left[\operatorname{tr}\left(C^{1 / 2} A^{p} C^{1 / 2}\right)\right]^{1 / p}\left[\operatorname{tr}\left(C^{1 / 2} B^{q} C^{1 / 2}\right)\right]^{1 / q}=\left[\operatorname{tr}\left(C A^{p}\right)\right]^{1 / p}\left[\operatorname{tr}\left(C B^{q}\right)\right]^{1 / q}
\end{aligned}
$$

which proves the desired result (2.4).

Corollary 2. If $A_{k}, B_{k}$ are positive invertible operators, $p, q>1$ with $1 / p+1 / q=1$, and $C_{k} \in \mathcal{B}_{1}(H), C_{k} \geq 0$ for $k \in\{1, \ldots, n\}$, then $C_{k} A_{k}^{p}$, $C_{k} B_{k}^{q}, C_{k}\left(B_{k}^{q} \sharp_{1 / p} A_{k}^{p}\right) \in \mathcal{B}_{1}(H)$ for $k \in\{1, \ldots, n\}$ and we have

$$
\operatorname{tr}\left(\sum_{k=1}^{n} C_{k}\left(B_{k}^{q} \sharp_{1 / p} A_{k}^{p}\right)\right) \leq\left(\operatorname{tr}\left(\sum_{k=1}^{n} C_{k} A_{k}^{p}\right)\right)^{1 / p}\left(\operatorname{tr}\left(\sum_{k=1}^{n} C_{k} B_{k}^{q}\right)\right)^{1 / q} .
$$

In particular, $C_{k} A_{k}^{2}, C_{k} B_{k}^{2}, C_{k}\left(B_{k}^{2} \sharp A_{k}^{2}\right) \in \mathcal{B}_{1}(H)$ for $k \in\{1, \ldots, n\}$ and

$$
\left[\operatorname{tr}\left(\sum_{k=1}^{n} C_{k}\left(B_{k}^{2} \sharp A_{k}^{2}\right)\right)\right]^{2} \leq \operatorname{tr}\left(\sum_{k=1}^{n} C_{k} A_{k}^{2}\right) \operatorname{tr}\left(\sum_{k=1}^{n} C_{k} B_{k}^{2}\right) .
$$

The proof follows by (2.4) making use of a similar argument to the one in the proof of Corollary 1.

## 3. Some reverse vector inequalities

We have the following reverse of Hölder's vector inequality for operators.
Theorem 3. Let $A$ and $B$ be two positive invertible operators, $p, q>1$ with $1 / p+1 / q=1$ and let $m, M>0$ be such that

$$
\begin{equation*}
m^{p} B^{q} \leq A^{p} \leq M^{p} B^{q} \tag{3.1}
\end{equation*}
$$

Then

$$
\begin{equation*}
\left\langle A^{p} x, x\right\rangle^{1 / p}\left\langle B^{q} x, x\right\rangle^{1 / q} \leq \exp \left[\frac{1}{2 p q}\left(\left(\frac{M}{m}\right)^{p}-1\right)^{2}\right]\left\langle B^{q} \#_{1 / p} A^{p} x, x\right\rangle \tag{3.2}
\end{equation*}
$$

for any $x \in H$.
Proof. In [7] we proved the following double inequality that provides a refinement and a reverse of the arithmetic mean-geometric mean inequality:

$$
\begin{align*}
\exp \left[\frac{1}{2} \nu(1-\nu)\left(1-\frac{\min \{a, b\}}{\max \{a, b\}}\right)^{2}\right] & \leq \frac{(1-\nu) a+\nu b}{a^{1-\nu} b^{\nu}} \\
& \leq \exp \left[\frac{1}{2} \nu(1-\nu)\left(\frac{\max \{a, b\}}{\min \{a, b\}}-1\right)^{2}\right] \tag{3.3}
\end{align*}
$$

for any $a, b>0$ and $\nu \in[0,1]$.
If $a, b \in[t, T] \subset(0, \infty)$ and since

$$
0<\frac{\max \{a, b\}}{\min \{a, b\}}-1 \leq \frac{T}{t}-1,
$$

we have

$$
\left(\frac{\max \{a, b\}}{\min \{a, b\}}-1\right)^{2} \leq\left(\frac{T}{t}-1\right)^{2} .
$$

Therefore, by (3.3) we get

$$
\begin{equation*}
(1-\nu) a+\nu b \leq a^{1-\nu} b^{\nu} \exp \left[\frac{1}{2} \nu(1-\nu)\left(\frac{T}{t}-1\right)^{2}\right] \tag{3.4}
\end{equation*}
$$

for any $a, b \in[t, T]$ and $\nu \in(0,1)$.
Now, if $C$ is an operator with $t I \leq C \leq T I$, then for $p>1$ we have $t^{p} I \leq C^{p} \leq T^{p} I$. Using the functional calculus, we get from (3.4) for $\nu=\frac{1}{p}$ that

$$
\left(1-\frac{1}{p}\right) d+\frac{1}{p} C^{p} \leq \exp \left[\frac{1}{2 p q}\left(\left(\frac{T}{t}\right)^{p}-1\right)^{2}\right] d^{1-\frac{1}{p}} C
$$

namely, the vector inequality

$$
\begin{equation*}
\left(1-\frac{1}{p}\right) d+\frac{1}{p}\left\langle C^{p} y, y\right\rangle \leq \exp \left[\frac{1}{2 p q}\left(\left(\frac{T}{t}\right)^{p}-1\right)^{2}\right] d^{1-\frac{1}{p}}\langle C y, y\rangle \tag{3.5}
\end{equation*}
$$

for any $y \in H,\|y\|=1$ and $d \in\left[t^{p}, T^{p}\right]$.
Since $d=\left\langle C^{p} y, y\right\rangle \in\left[t^{p}, T^{p}\right]$ for any $y \in H,\|y\|=1$, and hence by (3.5) we have

$$
\left(1-\frac{1}{p}\right)\left\langle C^{p} y, y\right\rangle+\frac{1}{p}\left\langle C^{p} y, y\right\rangle \leq \exp \left[\frac{1}{2 p q}\left(\left(\frac{T}{t}\right)^{p}-1\right)^{2}\right]\left\langle C^{p} y, y\right\rangle^{1-\frac{1}{p}}\langle C y, y\rangle
$$

which is equivalent to

$$
\left\langle C^{p} y, y\right\rangle \leq \exp \left[\frac{1}{2 p q}\left(\left(\frac{T}{t}\right)^{p}-1\right)^{2}\right]\left\langle C^{p} y, y\right\rangle^{1-\frac{1}{p}}\langle C y, y\rangle
$$

and by division with $\left\langle C^{p} y, y\right\rangle^{1-\frac{1}{p}}>0, y \in H,\|y\|=1$, to

$$
\begin{equation*}
\left\langle C^{p} y, y\right\rangle^{1 / p} \leq \exp \left[\frac{1}{2 p q}\left(\left(\frac{T}{t}\right)^{p}-1\right)^{2}\right]\langle C y, y\rangle \tag{3.6}
\end{equation*}
$$

If $z \in H$ with $z \neq 0$, then by taking $y=\frac{z}{\|z\|}$ in (3.6) we get

$$
\begin{equation*}
\left\langle C^{p} z, z\right\rangle^{1 / p}\langle z, z\rangle^{1 / q} \leq \exp \left[\frac{1}{2 p q}\left(\left(\frac{T}{t}\right)^{p}-1\right)^{2}\right]\langle C z, z\rangle \tag{3.7}
\end{equation*}
$$

for any $z \in H$.
Now, from (3.1) by multiplying both sides with $B^{-\frac{q}{2}}$, we have $m^{p} I \leq B^{-\frac{q}{2}} A^{p} B^{-\frac{q}{2}} \leq M^{p} I$, and by taking the power $1 / p$ we get $m I \leq$ $\left(B^{-\frac{q}{2}} A^{p} B^{-\frac{q}{2}}\right)^{\frac{1}{p}} \leq M I$.

Writing the inequality (3.7) for $C=\left(B^{-\frac{q}{2}} A^{p} B^{-\frac{q}{2}}\right)^{\frac{1}{p}}, t=m, T=M$ and $z=B^{\frac{q}{2}} x$, with $x \in H$, we have

$$
\begin{aligned}
& \left\langle B^{-\frac{q}{2}} A^{p} B^{-\frac{q}{2}} B^{\frac{q}{2}} x, B^{\frac{q}{2}} x\right\rangle^{1 / p}\left\langle B^{\frac{q}{2}} x, B^{\frac{q}{2}} x\right\rangle^{1 / q} \\
& \leq \exp \left[\frac{1}{2 p q}\left(\left(\frac{M}{m}\right)^{p}-1\right)^{2}\right]\left\langle\left(B^{-\frac{q}{2}} A^{p} B^{-\frac{q}{2}}\right)^{\frac{1}{p}} B^{\frac{q}{2}} x, B^{\frac{q}{2}} x\right\rangle
\end{aligned}
$$

namely

$$
\begin{aligned}
& \left\langle A^{p} x, x\right\rangle^{1 / p}\left\langle B^{q} x, x\right\rangle^{1 / q} \\
& \leq \exp \left[\frac{1}{2 p q}\left(\left(\frac{M}{m}\right)^{p}-1\right)^{2}\right]\left\langle B^{\frac{q}{2}}\left(B^{-\frac{q}{2}} A^{p} B^{-\frac{q}{2}}\right)^{\frac{1}{p}} B^{\frac{q}{2}} x, x\right\rangle
\end{aligned}
$$

for any $x \in H$. The inequality (3.2) is proved.
Remark 1. We observe, for two positive invertible operators $A$ and $B$, that the condition (3.1) is equivalent to condition

$$
m I \leq\left(B^{-\frac{q}{2}} A^{p} B^{-\frac{q}{2}}\right)^{\frac{1}{p}} \leq M I
$$

If we assume that $r B^{q} \leq A^{p} \leq R B^{q}$, then by (3.2) we have the inequality

$$
\left\langle A^{p} x, x\right\rangle^{1 / p}\left\langle B^{q} x, x\right\rangle^{1 / q} \leq \exp \left[\frac{1}{2 p q}\left(\frac{R}{r}-1\right)^{2}\right]\left\langle B_{\sharp}^{\sharp_{1 / p}} A^{p} x, x\right\rangle
$$

for any $x \in H$.
The following particular case is related to Schwarz's trace inequality.
Corollary 3. Let $A$ and $B$ be two positive invertible operators and let $m$, $M>0$ be such that

$$
m I \leq\left(B^{-1} A^{2} B^{-1}\right)^{\frac{1}{2}} \leq M I
$$

Then we have

$$
\left\langle A^{2} x, x\right\rangle^{1 / 2}\left\langle B^{2} x, x\right\rangle^{1 / 2} \leq \exp \left[\frac{1}{8}\left(\left(\frac{M}{m}\right)^{2}-1\right)^{2}\right]\left\langle A^{2} \sharp B^{2} x, x\right\rangle
$$

for any $x \in H$.
Under more suitable conditions for the operators involved, we have the following result.

Corollary 4. Assume that $A$ and $B$ satisfy the conditions

$$
m_{1} I \leq A \leq M_{1} I, m_{2} I \leq B \leq M_{2} I
$$

for some $0<m_{1}<M_{1}$ and $0<m_{2}<M_{2}$. Then we have

$$
\left\langle A^{p} x, x\right\rangle^{1 / p}\left\langle B^{q} x, x\right\rangle^{1 / q} \leq \exp \left[\frac{1}{2 p q}\left(\left(\frac{M_{1}}{m_{1}}\right)^{p}\left(\frac{M_{2}}{m_{2}}\right)^{q}-1\right)^{2}\right]\left\langle B^{q} \sharp_{1 / p} A^{p} x, x\right\rangle,
$$

for any $x \in H$.
In particular, we have

$$
\left\langle A^{2} x, x\right\rangle^{1 / 2}\left\langle B^{2} x, x\right\rangle^{1 / 2} \leq \exp \left[\frac{1}{8}\left(\left(\frac{M_{1} M_{2}}{m_{1} m_{2}}\right)^{2}-1\right)^{2}\right]\left\langle A^{2} \sharp B^{2} x, x\right\rangle,
$$

for any $x \in H$.

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