

PREFACE

On 19 July 2018, we can celebrate the 25th anniversary of foundation of the Centre for Physical Anthropology at the University of Tartu by the then Rector Professor Peeter Tulviste.

The Estonian school of anthropology was founded by Juhan Aul with his comprehensive study of physical development of Estonian men, women and schoolchildren.

The aim of the members of the Centre was to create a classification that would enable physicians and biologists to systematise all the anthropometric variables. By multivariate statistical analysis of large samples, we managed to prove that the body build structure is based on height and weight, and changes in their relations cause changes in all height, breadth and depth measurements and circumferences.

A suitable classification for classifying men's, women's and schoolchildren's anthropometric characteristics proved to be a 5 SD classification of height and weight. This allowed C. Raschka in his book *Sportanthropologie* (2006) to call it a new Estonian system of constitutional typology.

Relying on our research results on large samples of Estonian adult men and women and schoolchildren, we can present national height-weight norms for Estonians.

We would like to continue cooperation with anthropologists at home and abroad and are looking forward to your articles after the jubilee year as well.



Prof. Helje Kaarma